Dear Students, Staff, Family and Friends

This last week has been one of great weather hazards, with Cyclone Dylan causing damage in North Queensland, but thankfully no loss of life. We then have a good portion of the country facing severe drought. It seems at times that we live in a country of extremes. It is a timely reminder of the power of nature and the need for us to remember we are a community who pulls together when times are tough.

Fortunately the school year has begun a little more smoothly! Staff and students have quickly slipped back into the routine of school, and there are the usual noises of work and play around the College. This week has seen swimming nominations taken, laptops issued, ID photos taken, RTC procedures re-learned and the first P&F meeting of the year held. As I write this, the outcome of the swimming carnival is not yet known but I know that there will be great enthusiasm and energy at the Redcliffe pool.

We had wonderful news this week of one of our 2013 Seniors, Tanayha Turner. Tanayha was the recipient of the Puggy Hunter Scholarship. This was established in recognition of Dr Arnold (‘Puggy’) Hunter’s contribution to Aboriginal and Torres Strait Islander health. It is an Australian Government initiative to help address the under-representation of indigenous students in university and assist indigenous students gain professional health qualifications.

Tanayha plans to study Paramedicine and Nursing at QUT following on from her success as a senior student at the College. This is such an exciting award for Tanayha and her family and is a fantastic recognition of her hard work and commitment to her studies here at school. Tanayha came in this week to give us this great news and also to say a special thank you to Mrs Kate Ruddy who had helped her with her application.
We are currently undertaking enrolment interviews for 2015 for both Year 7 and 8. If you have a son or daughter currently in Year 6 or 7 please ensure you have booked an appointment for your interview. If you have friends or family in the same situation, please encourage them to contact the College and make an appointment. We have our Orientation evening on Feb 25 where more information about the College and the Year 7 and 8 program will be given.

This coming Tuesday sees our Opening Mass and Seniors Tie Ceremony. This is the first whole College Liturgical occasion and a wonderful way to open the school year and honour our new seniors. It is also an occasion to welcome new staff to the College and the refreshments for the Year 12s and their families afterwards; is a great chance for friends and families to mingle and build relationships within the College community.

The annual P&F BBQ is on next Thursday (Feb 13) at 6pm at the MMPC. This is a wonderful opportunity for parents to meet teachers in an informal setting. I particularly encourage our new parents to come along and meet not just staff, but other parents. We have a very supportive parent body in our P&F, and this evening is one of their initiatives. It is great to have this support and I would love to see as many parents there as possible.

As I write this, I ask again for your prayers for our Principal, Ann Rebgetz and her husband and family. Pat Rebgetz’s health has declined significantly in this past week. Ann has been comforted by the prayers and support of our community at this challenging time. They are facing uncharted waters and we pray for the Lord to give Ann strength to face what will come.

Best wish for the week to come.

Cathy Galvin
Acting Principal

Faith is a living, daring confidence in God’s grace,
So sure and certain that a man could stake his life on it a thousand times

Martin Luther
Who to Contact:
One of the biggest concerns for new parents is who to contact if there is a problem or they need to know something about an upcoming activity as outlined in the calendar. If you need to find out about an event, the newsletter usually has times and venues. This information can also be accessed on our ‘St Columban’s App’.

♦ If the information required is not shown, please contact Kim Midgley in Reception on 5495 3111.
♦ If you need to get in touch with a particular teacher: SCBO Caboolture ➔ please add email address.
♦ If it is a Pastoral concern, contact PC Teacher on scaboolture@bne.catholic.edu.au or phone reception on 5495 3111.
♦ If it a more serious concern, contact the House Coordinators via reception.
Any of the Assistant Principals: AP Senior Phase, AP Middle Phase, APRE, AP Admin, can be contacted if you do not feel comfortable talking to the staff listed above.

In our “Partnership of Excellence”, communication is highlighted as an essential feature of success in school. Please do not hesitate to contact someone if you have any concerns.

Michael Connolly
Deputy Principal (Acting)

Directions for Back Carpark Traffic
As you are well aware, we are undergoing lots of construction of our new classrooms to assist with the Year 7 inclusion into our College. As a result, the amount of space in our rear car park is greatly reduced.

To assist in the flow of traffic and improve student safety, we ask that parents please comply with the following:

♦ Turn left once inside the back gate and follow the arrows on both the signs and on the ground.
♦ DO NOT go straight after entering the gate, this is for buses only.
♦ Only use the car parks allocated either side of these two lanes if you intend to park.
♦ Follow the two lanes through and merge into one to leave the grounds.
♦ When leaving, please turn left and go around the roundabout to assist in the flow of traffic in and out of the grounds.

Whilst this isn’t a perfect solution, we are doing our best until the official approval of our car park plans are received. We ask for your patience during this period and if it isn’t vital that you pick up your child right on the bell, that you consider a later pick up time to help alleviate some of the initial congestion.

Year 12 Tie Ceremony
Welcome to a new year at St Columban’s College where 2014 begins with all good intentions of starting the year well. There are new opportunities for staff and students and the year is fresh with promise. Last year was all about moving from “Good to Great” and this year we begin with the intention of “Continuing on the Journey” which is the key theme of the Inaugural Mass. A vital part of beginning the year well is to celebrate as a community with an Opening Mass and a Commissioning ceremony. On Tuesday the 11 February between 103pm the College would like to invite all the parents of the Year 12s and student leaders to join us in this wonderful celebration and later for light refreshments. I look forward to seeing you all on this special day for our Year 12s and the leaders.

On the 26– 28 February our Year 12s will be on Retreat. This is a compulsory event for all Year 12s to attend. It is a wonderful opportunity for students to foster a real sense of inner awareness. Research shows that life is increasingly about being connected to the outer world. The hours we are connected to our phones, email, internet, striving to be better, getting ahead, we forget that we need to stop, relax and connect to our sense of self. The College values this for our seniors and hope they will come away from the retreat with a renewed sense of purpose.

Finally I would like to commend the student leaders on their wonderful enthusiasm and passion they shared in wanting to make a difference and make 2014 something special. We had a very inspiring time with our student leaders last Friday and I’m looking forward to seeing their passion and enthusiasm translate to faith in action.

In the Spirit of Blessed Edmund Rice and St Columban
Raechel Fletcher
Assistant Principal Religious Education

Welcome BBQ by P&F Committee
Date: Thursday 13 February
Time: 6.00pm
Venue: Mary McKillop Performance Centre
A great opportunity for Parents and students to meet the SLT and teachers in a casual and relaxed environment.

Absentee Hot Line: 5433 7366 (24 hours a day)
IMPORTANT INFORMATION FOR PARENTS

PROCEDURE FOR NOTIFICATION OF ABSENTEEISM

Parents or Guardians must notify the College of all student absences before 9am on the day of absence. Maintaining accurate records is an integral part of any organisation. Ensuring the College Roll is correct fulfils legal requirements and protects both the student and the College.

To notify the College of an absence parents are to:
- Phone the Absentee Hotline on 5433 7366, and select Option 1
- Send a voice message through the College App

Information required:
- Your student’s name
- Your student’s PC
- Your name
- The reason for absence
- The dates of absence

Accurate advice in relation to absences will ensure that the College Roll is managed efficiently.

PROCEDURE FOR LATE ARRIVAL TO SCHOOL

Parents or Guardians must notify the College if a student will be arriving late to school. Students are considered late if they do not arrive before 8.30am and have their attendance recorded in PC.

To notify the College of late arrival to school parents are to:
- Provide a handwritten note explaining the reasons for lateness
- Phone the Absentee Hotline on 5433 7366 and select Option 2
- Send a voice message through the College App

If a student arrives before 8.45am they are to report to their PC Teacher. If arrival is after 8.45am the student is to report to the Student Services Counter to have the time they arrived at College recorded.

PROCEDURE FOR LEAVING SCHOOL EARLY

As a College we would like to limit the level of movement and disruption to classes thus parents are requested to arrange to collect students at bell times at the end/start of lessons.

To notify the College of a student leaving before the final bell:
- A handwritten note from a parent is to be provided that the student shows to the classroom teacher to be able to leave the lesson
- The student is then to report to the office to await arrival of their parent
- The parents must attend the Reception area and sign the Student Departure Log

It is important for parents to ensure students are aware of appointments etc that they are to attend.

Please be aware that the Front Carpark is for Staff and Visitor Parking only.

We request that students be dropped off or picked up at the back entrance of the College.

We also ask parents/carers who do use the back area of the College for pickups and drop off to be very mindful of the need to drive with caution given the present conditions in this area. We also ask parent/carers not to park in the bus turning area at the back of the College as this presents serious risks to members of our College community.

Absentee Hot Line: 5433 7366 (24 hours a day)
ARE YOU WORRIED ABOUT YOUR CHILD’S MOODS?!

Parents have come to accept that the teenage years are moody ones, marked with surges in hormones, and rapid changes in physiology as well as social patterns. Most if not all teens will experience some degree of ‘moodiness’, and despite the challenges that this presents for others in the household, it is generally considered a ‘normal part’ of growing up. For some, however, the level of mood disruption can be more significant. According to the Black Dog Institute (http://www.blackdoginstitute.org.au/), the onset of mental illness is typically around mid-to-late adolescence and Australian youth have the highest prevalence of mental illness of any age group. Over one in four (26%) young Australians experience a mental illness every year. Common mental illnesses in young Australians include anxiety disorders (14%) and depressive disorders (6%), with some of these struggling teens resorting to self harm in an effort to cope.

St Columban’s College is continuing a program this term, based on Emotion Modulation Therapy (EMT). EMT is a mode of psychotherapy developed at the Griffith University. It helps individuals improve their ability to cope with problems in life and reduce the level of discomfort in approaching everyday challenges. It has been used to treat a wide range of disorders, including depression, anxiety. Dr Angelo De Gioannis is a consultant psychiatrist from Brisbane and will co-facilitate the program with Guidance Officer Dave Clarke. Dr De Gioannis reminds us that today’s ‘moody teen’ can be tomorrow’s very troubled adult and that early intervention is known to significantly improve outcomes.

If you are interested in hearing more, or to simply put forward your child’s name for consideration for the program, call Dave at the College, or email him at david.k.clarke@bne.catholic.edu.au.
I would like to take this time before sport starts for the year to remind you about our bus policy for TAS sports games. Due to the increase in the number of schools that have joined the top division of TAS, resulting in more away games, it has been decided that due to these factors and to the large number of parents that drive to JPC, that buses will NO longer be provided to JPC on a Saturday for sport.

Buses will be provided to: Redeemer Lutheran College, West Moreton Anglican College, St John’s Anglican College & Canterbury College. For the remainder of the away games each trimester students will need to find their own transport. Each trimester will also finish with a finals day – this usually involves teams playing at all 9 schools so no buses will be provided - further information will be sent out in the last week of each trimester about this day when information is known.

The decision was made a couple of years ago to only provide buses to select venues that are over a certain distance away from St Columbans. The reason we stopped providing the buses to every away game was that they would only be half full as a lot of the parents would drive their students to the game to watch them play, or pick them up, and we were spending $30,000 - $40,000 dollars a year on Sports buses. The decision was therefore made that this money could be better spent on facilities and resources within the school instead.

As such we now have only selected bus venues and we ask that students sign on for the buses by the Wednesday (3 days before their game) so that we know what size bus is required.

As you would appreciate the reason for the cut off dates is so that we can get a quote on the price, and book the buses. This is to ensure that we are catering to the demand required for the buses, so that if we have 90 Netballers wanting to catch the bus then we can have those seats available, but alternatively if we only have 30 who need to catch the bus we don’t want to order a 70 seater as this will cost a few hundred dollars extra, and this adds up.

So please ensure that your student signs on to the bus list before the Wednesday. There is no excuse that they cannot get down to the office and do this, and they are reminded for a number of days in the daily notices, and also in the newsletter. Otherwise when it comes to your child getting on the bus on a Saturday and they have not signed on, you may be asked to drive your student to the game as the bus may well be full.

Parents please note that the College will provide transport to TAS fixtures/events which are hosted by the Colleges’ listed below. With the College population now over 950 it is expected that parents support their child by transporting them to some TAS fixtures. As a community it is hoped that car pooling is used when necessary. Due to the increase in the number of distant schools that have now joined the top Division of TAS, JPC (John Paul College) is no longer a bus venue.

Buses will be run to the following College’s for TAS ‘away’ fixtures and events in 2014:
- Redeemer Lutheran College (Rochedale)
- West Moreton Anglican College (West Ipswich)
- St John’s Anglican College (Forest Lake)
- Canterbury College (Waterford)
- TAS Swimming
- TAS Cross Country
- TAS Athletics

Private transport will be needed to other TAS venues, including trial games. It is expected that we work as a community and car pool students to fixtures if difficulties arise. Please start to make transport arrangements now so that families are organised for the up coming season. Please refer to the College calendar for TAS fixture details. With greater numbers of parents attending ‘away’ fixtures the atmosphere and support for the students should boost team morale and performance.

TAS Wet Weather Information
As we often compete against schools that are not from our local area the weather can vary greatly. It may be raining in Caboolture but be dry at our competition venue so please always assume that TAS fixtures will take place.

The first point of call will be to check the College App – if sport is cancelled a message will be sent to all who have registered for the App. If you are unable to access the APP the TAS Sports Coordinator can be contacted on 0407 580 891 from 6.30am on a fixture day. It is difficult to make a decision before this time.

TAS Weekly Draw
The St Columban’s College App is the first point of Call to access any information about TAS sports, including the Draw. The other places that the draw can be accessed are in the newsletter each week, or also via the College website – under the Co-curricular link at the top of the page, then follow the sport link.

Ms Michelle Wust
Sports Co-ordinator
**NO BUSES TO JPC**

The following are the details for TAS sport. In case of wet weather, please check the St Columban's College APP for any sports cancellations after 6:30 am. If you are unable to access the App, or as a last resort the sports coordinator can be contacted on 0407 580 891. Please no calls before 6:30 am! Students must wear full school sports uniform to and from the sports venue.

**Fixture Times / Venues**

<table>
<thead>
<tr>
<th>SPORT</th>
<th>TEAM</th>
<th>Opposition</th>
<th>Venue</th>
<th>Court/ Pitch/Field</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls’ TENNIS</strong></td>
<td>1st</td>
<td>JPC</td>
<td>Griffith University</td>
<td>Griffith University Courts</td>
<td>9.30 am -</td>
</tr>
<tr>
<td></td>
<td>2nd</td>
<td>JPC</td>
<td>Griffith University</td>
<td>Griffith University Courts</td>
<td>Warm up</td>
</tr>
<tr>
<td></td>
<td>Year 10</td>
<td>JPC</td>
<td>Griffith University</td>
<td>Griffith University Courts</td>
<td>9.30 am</td>
</tr>
<tr>
<td></td>
<td>Year 9</td>
<td>JPC</td>
<td>JPC</td>
<td>Pines Court, John Paul College</td>
<td>9.30 am</td>
</tr>
<tr>
<td></td>
<td>Year 8</td>
<td>JPC</td>
<td>JPC</td>
<td>Pines Court, John Paul College</td>
<td>7:30 am</td>
</tr>
</tbody>
</table>

Address: Griffith University Courts, Sports Road, Mount Gravatt; Pines Court, John Paul College, Mayflower Street, Daisy Hill

**Boys’ VOLLEYBALL**

<table>
<thead>
<tr>
<th>TEAM</th>
<th>Opposition</th>
<th>Venue</th>
<th>Court/ Pitch/Field</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>JPC</td>
<td>JPC</td>
<td>Coleman Cr1</td>
<td>10:15 am</td>
</tr>
<tr>
<td>2nd</td>
<td>JPC</td>
<td>JPC</td>
<td>Coleman Cr1</td>
<td>9:00 am</td>
</tr>
<tr>
<td>Year 10</td>
<td>JPC</td>
<td>JPC</td>
<td>Coleman Cr1</td>
<td>8:00 am</td>
</tr>
<tr>
<td>Year 9</td>
<td>JPC</td>
<td>JPC</td>
<td>Wesley Cr</td>
<td>9:00 am</td>
</tr>
<tr>
<td>Year 8</td>
<td>JPC</td>
<td>JPC</td>
<td>Wesley Cr</td>
<td>8:00 am</td>
</tr>
</tbody>
</table>

Address: JPC - Coleman Centre - Second entrance, John Paul Drive, Daisy Hill; Wesley Court, John Paul College, Mayflower Street, Daisy Hill

**Girls’ BASKETBALL**

<table>
<thead>
<tr>
<th>TEAM</th>
<th>Opposition</th>
<th>Venue</th>
<th>Court/ Pitch/Field</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>JPC</td>
<td>JPC</td>
<td>Court 2, Coleman Centre</td>
<td>10:00 am</td>
</tr>
<tr>
<td>2nd</td>
<td>JPC</td>
<td>JPC</td>
<td>Court 2, Coleman Centre</td>
<td>9:00 am</td>
</tr>
<tr>
<td>Year 10</td>
<td>JPC</td>
<td>JPC</td>
<td>Court 2, Coleman Centre</td>
<td>8:00 am</td>
</tr>
<tr>
<td>Year 9</td>
<td>JPC</td>
<td>JPC</td>
<td>Pines Court, John Paul College</td>
<td>9:00 am</td>
</tr>
<tr>
<td>Year 8</td>
<td>JPC</td>
<td>JPC</td>
<td>Pines Court, John Paul College</td>
<td>8:00 am</td>
</tr>
</tbody>
</table>

Address: JPC - Coleman Centre - Second entrance, John Paul Drive, Daisy Hill; Pines Court, John Paul College, Mayflower Street, Daisy Hill

**Boys’ Cricket**

<table>
<thead>
<tr>
<th>TEAM</th>
<th>Opposition</th>
<th>Venue</th>
<th>Court/ Pitch/Field</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Xi</td>
<td>JPC</td>
<td>JPC</td>
<td>Oval 1 - CEC Munns Sports Centre</td>
<td>9.30 am</td>
</tr>
<tr>
<td>2nd Xi</td>
<td>JPC</td>
<td>JPC</td>
<td>Oval 2 - Torrisi Oval</td>
<td>8.30 am</td>
</tr>
<tr>
<td>Year 10</td>
<td>JPC</td>
<td>JPC</td>
<td>Oval 2 - CEC Munns Sports Centre</td>
<td>8.30 am</td>
</tr>
<tr>
<td>Year 9</td>
<td>JPC</td>
<td>JPC</td>
<td>Oval 2 - CEC Munns Sports Centre</td>
<td>1.15 pm</td>
</tr>
<tr>
<td>Year 8</td>
<td>JPC</td>
<td>JPC</td>
<td>Oval 2 - Torrisi Oval</td>
<td>1.15 pm</td>
</tr>
</tbody>
</table>

Address: 1st, yr 9 & 10 - JPC - CEC Munns Sports Centre, John Paul Drive, Daisy Hill; Year 8 & 2nd - St Columban's - Torrisi Oval - Parking at rear of school off Mewett / Pettigrew street

Any questions please contact the following persons: Mrs Julie Atkins (Volleyball), Ms Kelly Woods (Basketball), Mr Sean O’Kane (Cricket), & Miss Margaret Hallinan (Tennis). Ph 5495 3111 during school hours.

**Sports Date Claimers**

Round 3 V’s St John’s @ Home - 15th Feb
Round 4 V’s Ormiston @ ORM - 22nd Feb (NO BUS)

**Miss Michelle Wust**  
Sports Co-ordinator  
Mobile: 0407 580 891  
Email: mwust@stc.qld.edu.au

---

**Students Absent from College for Sport**

Any students who are absent from college due to other commitments (unless they are with a TAS team) need to ring through the office to inform the school of their sporting absence. We are not always aware of your sons / daughters selection into representative teams, so please contact us to let us know.

Absentee Hot Line: 5433 7366 (24 hours a day)
**2014 Student Leadership Day**

On Friday last week the student leadership team for 2014 came together for a day of planning, team building and inspirational challenges. The students were able to take some time to reflect upon themselves as a team, celebrate and affirm each others strengths and set some goals to work towards this year. It was a fantastic opportunity for the staff working with this group of leaders to get to know them a little better and to guide them in their decision making processes when it came to making plans for the year.

We certainly have a fantastic year coming up with this incredible group of student leaders!

---

**TAS BBQ**

To all old helpers and those who may wish to take up the challenge of being a new helper,

We have our first TAS home game on Saturday 15 February. These days are busy for the P&F as well as the school in general and I ask that you consider providing some of your time to assist with the P&F BBQ.

The BBQs assist in providing sporting facilities as St Columban’s and any help you can give will greatly assist in the future of the students extra curriculum activities.

Like last season, this season will see us utilising the Mary MacKillop building to sell BBQ food and drinks to home and visiting teams.

If you are able, can you please advise me of the time that you can assist, even if only for an hour it would be much appreciated.

_Even if you cannot help this weekend, but you are interested in helping down the track, please let me know as I will add you to my email group for future P&F emails._

If I can have your replies by Wednesday, I will have a roster out on Thursday night. Times required are between 7.30am and 1pm.

Tom Cooper  
StC P&F Secretary  
0407673780 or tcooper@northgroup.com.au

---

For further information, please visit the Careers and Training Department or contact:  
Lyndel Russell  
Career & Training Officer  
Ph: 07 5433 7384  
Email: larussell@bne.catholic.edu.au
**Community Notices**

**Caboolture Football Club Sign On** is at Struddys Sports, Morayfield Road. Dates are February Saturday 8th and Sunday 9th 2014. Get in on Sign on Days and receive $50 off your Registration Fee! (Discount does not apply to Seniors and Under 6 Age Groups). For more information about our Club please visit our website at www.caboolturesportsfc.com.au or www.myfootballclub.com.au.

**Caboolture BMX Club** is holding a COME AND TRY DAY on the 9 February 9am-11am at the BMX Track at Centenary Lakes Sport Complex. Come down and join in the fun. If you require more information please phone 07 5428 6233.

**Caboolture Lions Junior AFL Season Sign On Day:**
10am to 2pm Saturday 8th & Sunday 9th February at Club House, Aquatic Drive, Burpengary. For further enquiries call Tracey Rickett 0405 106 204 or email: secretary@caboolturelions.com

**North Pine Sports Club** Bob Brock Park, Marsden Rd, Dakabin
Want to Play Girls Soccer in 2014? Looking to be part of a team? Want to give yourself a challenge? If you answered ‘YES’ to any of these questions come and join us. Any girls wanting to play U14/15/16s, come on down to the club
When: Mondays and Wednesdays from 7:00pm to 8:30pm
Want more information?
Contact: Michael Brockwell 0416 030 613
Paul Simpson 0415 588 922

**FOR SALE:** Mapex 5 Piece Drum Kit with Shalimar cymbals. Excellent acoustic quality, sapphire blue in colour and in great condition. Perfect for beginners to advanced performers. $699.00 ono. Ring Bronwyn 0419 857 201.

**Pine Rivers High Community Education Classes** Term One classes commence from Tuesday 4 February. Update your skills, learn new ones or get fit! Small classes, great tutors. See www.pineriverscomed.com.au or phone Jenny on 0432 116 973 for more details.

**MOBILE PHONE RECYCLING PROGRAM**
Australian Mobile Recycling was founded in September 2011. Their aim is to collect as many used and unwanted mobile phones as possible. All mobile phones will be recycled for reuse, which means they will be refurbished for resale. Handsets are restored to factory conditions and all Sim card and memory cards are destroyed.

Any phones that are beyond repair will be broken down into their constituent parts and recycled by Australian licensed recyclers.

For our recycling efforts our school will receive $3 for every mobile phone returned. Your contribution will not only raise money for our school community but also help the environment in a positive way by reducing waste. **BRING IN YOUR OLD MOBILE PHONES** and place in the box at the school office student counter.

Chris Jones
StC Environment Committee
Tuckshop Roster 2014

Mon 10 Feb  Michelle Miller
Tue 11 Feb  Mary Miller, Phillipa Morphett
Wed 12 Feb  Annagha Brown, Tracey Harris
Thur 13 Feb  Jeanine Nielson
Fri 14 Feb  Vicki Cole, Bronwyn Hauzer

If unable to attend tuckshop please let Tracey know at the earliest possible time. Phone 5433 7328 and leave a message any time of day or night.

Absentee Hot Line: 5433 7366 (24 hours a day)