Dear Students, Staff, Family and Friends

Welcome to the 2014 school year! We are looking forward to a wonderful year ahead. I would especially like to welcome our parents who are new to the College – I hope your journey with us and your son and daughter allows them to become the best that they can be.

There have been some staff changes this year. Ms Ann Rebgetz, College Principal, is on leave for Term 1 due to the health of her husband, Pat. Ann sends her best wishes for the year ahead and has the College in her heart. Mr Mike Connolly steps into the Deputy role this term and we welcome Mr Les Conroy back into the Assistant Principal Middle Phase role. Les has had 14 months in at Brisbane Catholic Education working with the National Partnerships Project and returns to us to lead the very important Year 8 and 9 program as well as the transition of Year 7 into secondary. Mr Darren Crilly has been working in that role while Les was away but he now continues in leadership taking care of daily organization. Mrs Raechel Fletcher is our new Assistant Principal Religious Education and Identity and we welcome Raechel to the College and this role.

New teachers include Miss Tammy Johnstone (RE and English), Mr Paul Arico (Design and Living Technology), and Mr Paul Shaumberg (Science and Biology). Our hairdressers, Mrs Tracy Robinson and Mrs Rona Dunne come to us as trainers in Sion, the hair salon, working with the Year 11 and 12 Hairdressing students. Many of you would have met Rona and Tracy last year. Don’t forget to contact the College for your hairdressing appointment with Rona or Tracy!

We said farewell to Mr George Goves last year who has taken up a position at Nudgee College, and Mr Kieran O’Connell who has moved to Padua College. Ms Kristina Johnson is working at Siena College in Caloundra for Semester 1 in the capacity of Assistant Principal Religious Education. She is enjoying the challenge of this role but we also look forward to having her back with us! Mr Dave Wright is on Long Service Leave for Term 1 and has been talking about retirement so we will wait and see! Mrs Tammy Boyle, one of our Learning Enhancement Teacher Aides, has left us to take up a teaching position. Tammy has worked and studied for the past few years and finished her teaching degree last year. Whilst we will miss her energy and passion for our students, we wish her all the best in her teaching career.

It has been a busy start to the year with our staff having three days on Professional Development as well as some planning for the year. Our focus in our professional development was ‘From Good to Great’, whereby we aimed to build on work done between St Peters and St Columban’s College. We had an address on the young adolescent learner from Prof. Donna Pendergast, as well as a day on teaching strategies and behaviour support for ASD students. The response of the staff was extremely positive and we move into the school year with great enthusiasm.

It was wonderful to see our keen Year 8 students arrive on Wednesday, supported by our student leaders! I hope that by now they are feeling settled and know their way around the school, know the name of some teachers, and have made some new friends.

The IT Department has had a very busy few weeks as this year we trialed a new approach to the Year 8 laptops. Parents and students came in prior to the start of the school year and did an introductory session with the IT staff regarding log in and general laptop use. I have had nothing but positive feedback from the Year 8 parents and I thank Mr Diego Bonsague and Mrs Robyn Wilkie in particular, for their efforts with this. They ran the sessions during the day and up to 7pm to cater for the different work patterns of parents, so it was a big commitment on their part. The laptops for Year 9 and 10 students will be rolled out early next week.
I was thrilled to learn today that one of our Year 10 students, Tegan Lather was nominated for a Moreton Bay Council Australia Day award. She went on to win the Young Citizen of the Year Award for 2014. Tegan is a tireless worker and over the past 3 years has raised over $70,000 for conservation. What an amazing achievement for anyone to make!! Congratulations to Tegan and it is wonderful to see this kind of commitment and community spirit.

The annual Christian Brothers Cricket Competition was held at the College just prior to the start of school, and I congratulate the boys and Mr Sean O’Kane for their dedication in that heat! Sean is known for his love of cricket and later in the newsletter he gives a round up of the games.

I look forward to working with you again this term. I ask that you hold Ann and Pat Rebgetz in your thoughts and prayers as they face the challenges of what lies ahead.

Best wishes,

Cathy Galvin
Acting Principal

Have a heart that never hardens,
a temper that never tires,
a touch that never hurts.

Charles Dickens

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School, parents help Alex reach right path

By JORGE BRANCO

AS THE youngest of five high-achieving siblings, Alex Aitchison had a lot to live up to in Year 12. When he finished with an OP1 last year he became the fourth member of his family to earn better than an OP5.

The former St Columban’s Caboolture student is now heading to the University of Queensland to study physiotherapy.

The 17-year-old didn’t make the cut for entry to medicine at the St Lucia university and wants to use physiotherapy as a stepping stone.

The Burpengary student is hoping physiotherapy will be a good fit for his love of sport, he played basketball and volleyball in high school and soccer when he was younger.

“I was thinking if I like the medicine aspect enough I can go further into that or if I like physio I can pursue that,” he said.

Both of Alex’s parents are teachers, something he said played a big part in his schooling success.

Alex was part of the class of 2013 that helped St Columban’s College Caboolture reach a 10-year high in OP results. He said his school’s support played a big part.

Ninety-five percent of the Year 12 cohort at the school achieved an OP equivalent of 1-16 including all Certificate III and Certificate IV students. “This result is due to the culmination of years of an innovative approach to learning fostered by the College that includes academic and vocational pathways,” assistant principal Mike Connolly said.

Absentee Hot Line: 5433 7366 (24 hours a day)
Please be aware that the Front Carpark is for Staff and Visitor Parking only.

We request that students be dropped off or picked up at the back entrance of the College.

We also ask parents/carers who do use the back area of the College for pickups and drop off to be very mindful of the need to drive with caution given the present conditions in this area. We also ask parent/carers not to park in the bus turning area at the back of the College as this presents serious risks to members of our College community.
Dear Parents and Guardians

It was wonderful to see our students come back looking great and ready to work! Certainly hope this standard maintains itself for the year. I hope our new parents are feeling very welcome.

One of the biggest concerns for new parents is who to contact if there is a problem or they need to know something about an upcoming activity as outlined in the calendar. If you need to find out about an event, the newsletter usually has times and venues. This information can also be accessed on our ‘St Columban’s App’

♦ If the information required is not shown, please contact Kim Midgley in Reception on 5495 3111.
♦ If you need to get in touch with a particular teacher: SCBO Caboolture ➔ add email address.
♦ If it is a Pastoral concern, contact PC Teacher on scaboolture@bne.catholic.edu.au or phone reception on 5495 3111.
♦ If it a more serious concern, contact the House Coordinators via reception.

Any of the Assistant Principals: AP Senior Phase, AP Middle Phase, APRE, AP Admin, can be contacted if you do not feel comfortable talking to the staff listed above.

In our “Partnership of Excellence”, communication is highlighted as an essential feature of success in school. Please do not hesitate to contact someone if you have any concerns.

Michael Connolly
Deputy Principal (Acting)

REMINDEERS FOR STUDENTS

All students are reminded of the policy in regard to the use of mobile phones. Phones are only to be used in class with the express permission of the teacher – eg to take photos of school work, or use the calculator function. At all other times, phones are to be switched off and out of sight. A failure to abide by this may result in the phone being confiscated by staff.

All valuables such as phones, laptops, chargers etc should be securely locked in lockers. If a theft of equipment occurs from a bag, it is very difficult for staff to locate such items. Students are urged to take responsibility for themselves and their belongings by using lockers that are provided. Any items of extreme value that are at school for whatever reason, can be left in the office for safe keeping for the day. A crime such as stealing that occurs at school carries the same penalty as stealing in any other area of life. Stealing is illegal whether it is at school or not and the police may become involved.

Students are also reminded that leaving the school grounds without permission is against the rules. Students who leave to visit the shops, or any other unauthorized reason, are truantaing from school and will be treated as such by being required to make up the time via a Friday detention or an internal suspension. If a parent or care giver needs to pick up a students during the school day then, need to come to the front office and sign the student out. We have a very clear duty of care to our students and we need to be able to account for the whereabouts of them at all times in the school day.

ST COLUMBAN’S COLLEGE APP

St Columban’s now has a College APP, DOWNLOAD IT NOW to keep abreast of all the happenings at the College.

The College APP is available FREE at iTunes and the Android Market – please download it to your iPhone, iPad, Smartphone or Tablet. Simply search ‘St Columban's College’ to download – don’t forget to position the St Columban’s APP on your front page, so that online alerts and messages can be retrieved ASAP (simply click on the APP, tap the messages icon and refresh your screen updates!)

You will be able to:
♦ Report absentees via voice message
♦ Send an email to the College office
♦ Access College Calendar and Term Dates
♦ Receive SMS/Notifications via the Messages TAB
♦ Access SPORTS updates
♦ And much more....

All feedback and ideas regarding the use and ongoing development of the APP welcomed at scaboolture@bne.catholic.edu.au

PLEASE NOTE—YOU ARE ABLE TO ADVISE OF ABSENTEES VIA THE APP

Year 8 Immunisations will be held on Monday 31 March.
Immunisation forms have been distributed to your Year 8 student. Please complete these forms and return to the college by Friday 21 March.

Drum Instrumental Lesson Available

Students wanting to learn Drums at St Columban’s now have the opportunity to study with performer and tutor, Bob Oliver. Bob studied with Alan Dawson at Berklee School of Music in Boston USA and has worked on stage with John Farnham, Rhonda Birchmore, The Osmonds and The Tasmanian Symphony Orchestra, among many others. Do not miss out this chance to learn from this musician.

Absentee Hot Line: 5433 7366 (24 hours a day)
ARE YOU WORRIED ABOUT YOUR CHILD’S MOODS?!

Parents have come to accept that the teenage years are moody ones, marked with surges in hormones, and rapid changes in physiology as well as social patterns. Most if not all teens will experience some degree of ‘moodiness’, and despite the challenges that this presents for others in the household, it is generally considered a ‘normal part’ of growing up. For some, however, the level of mood disruption can be more significant. According to the Black Dog Institute (http://www.blackdoginstitute.org.au/), the onset of mental illness is typically around mid-to-late adolescence and Australian youth have the highest prevalence of mental illness of any age group. Over one in four (26%) young Australians experience a mental illness every year. Common mental illnesses in young Australians include anxiety disorders (14%) and depressive disorders (6%), with some of these struggling teens resorting to self harm in an effort to cope.

St Columban’s College is continuing a program this term, based on Emotion Modulation Therapy (EMT). EMT is a mode of psychotherapy developed at the Griffith University. It helps individuals improve their ability to cope with problems in life and reduce the level of discomfort in approaching everyday challenges. It has been used to treat a wide range of disorders, including depression, anxiety. Dr Angelo De Gioannis is a consultant psychiatrist from Brisbane and will co-facilitate the program with Guidance Officer Dave Clarke. Dr De Gioannis reminds us that today’s ‘moody teen’ can be tomorrow’s very troubled adult and that early intervention is known to significantly improve outcomes.

If you are interested in hearing more, or to simply put forward your child’s name for consideration for the program, call Dave at the College, or email him at david.k.clarke@bne.catholic.edu.au.

Inter House Swimming Carnival

The first School Carnival for 2013 takes place next Friday 7 February, at the Redcliffe Memorial Pool, Redcliffe. All students are expected to attend with the day’s emphasis being on participation.

All students are required to arrive at the College by 8.30am and are to assemble in their PC for marking of the rolls, before progressing to Albion in their PC. Students will then be directed to buses for travel to the Redcliffe Pool. The day will conclude with students returning to school by bus by 3.00pm so they can catch normal transport home.

Students are to wear their SPORTS UNIFORM to and from school, including bucket hat and sports shoes, with House shirts strongly recommended. Students need to bring water bottles, togs (one-piece), towel and their own lunch or money for the canteen. The Redcliffe Pool has stated that students ARE NOT to bring streamers, face paint, glitter or hairspray as they tend to create quite a mess when wet and can damage the pool pumps. Students may change into suitable “House Costumes” once at the pool.

As the first event in the Father O’Connell Shield and the House Spirit Shield for 2014 the swimming carnival is a great opportunity to demonstrate House spirit as we cheer on our competitive swimmers throughout the day. In the spirit of participation, all students are required to at least “get wet” in the “swim-thrus” with additional novelty events being conducted through the day in the smaller pool.

In the case of student absence, the College is to be informed by 9am as per the standard absentee procedure. Additionally, if a student has health issues that impact upon his/her participation in the swimming carnival, parents should contact their House Coordinators on 5495 3111.

Our Swimming Carnival is always a colourful start to our school year, and we encourage parents and supporters to come along and cheer on all participants.

Miss Michelle Wust                   Cathy Galvin
Sports Coordinator                  Principal

Lady Gowrie Brisbane North
Sunshine Coast Family Day Care

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Contact us on: (07) 5495 2766  Email: cabldc@ladygowrie.com.au

Absentee Hot Line: 5433 7366 (24 hours a day)
Dear Students and Parents,

I would like to take this time before sport starts for the year to remind you about our bus policy for TAS sports games. Due to the increase in the number of schools that have joined the top division of TAS, resulting in more away games, it has been decided that due to these factors and to the large number of parents that drive to JPC, that buses will NO longer be provided to JPC on a Saturday for sport.

**Buses will be provided to: Redeemer Lutheran College, West Moreton Anglican College, St John’s Anglican College & Canterbury College.** For the remainder of the away games each trimester students will need to find their own transport. Each trimester will also finish with a finals day – this usually involves teams playing at all 9 schools so no buses will be provided - further information will be sent out in the last week of each trimester about this day when information is known.

The decision was made a couple of years ago to only provide buses to select venues that are over a certain distance away from St Columbans. The reason we stopped providing the buses to every away game was that they would only be half full as a lot of the parents would drive their students to the game to watch them play, or pick them up, and we were spending $30,000 - $40,000 dollars a year on Sports buses. The decision was therefore made that this money could be better spent on facilities and resources within the school instead.

As such we now have only selected bus venues and we ask that students sign on for the buses by the Wednesday (3 days before their game) so that we know what size bus is required.

As you would appreciate the reason for the cut off dates is so that we can get a quote on the price, and book the buses. This is to ensure that we are catering to the demand required for the buses, so that if we have 90 Netballers wanting to catch the bus then we can have those seats available, but alternatively if we only have 30 who need to catch the bus we don’t want to order a 70 seater as this will cost a few hundred dollars extra, and this adds up.

So please ensure that your student signs on to the bus list before the Wednesday. There is no excuse that they cannot get down to the office and do this, and they are reminded for a number of days in the daily notices, and also in the newsletter. Otherwise when it comes to your child getting on the bus on a Saturday and they have not signed on, you may be asked to drive your student to the game as the bus may well be full.

Regards,
Michelle Wust
Sports Coordinator

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**TAS Bus Transport 2014**

Parents please note that the College will provide transport to TAS fixtures/events which are hosted by the Colleges’ listed below. With the College population now over 950 it is expected that parents support their child by transporting them to some TAS fixtures. As a community it is hoped that car pooling is used when necessary. Due to the increase in the number of distant schools that have now joined the top Division of TAS, JPC (John Paul College) is no longer a bus venue.

**Buses will be run to the following College’s for TAS ‘away’ fixtures and events in 2014:**
- Redeemer Lutheran College (Rochedale)
- West Moreton Anglican College (West Ipswich)
- St John’s Anglican College (Forest Lake)
- Canterbury College (Waterford)
- TAS Swimming
- TAS Cross Country
- TAS Athletics

Private transport will be needed to other TAS venues, including trial games. It is expected that we work as a community and car pool students to fixtures if difficulties arise. Please start to make transport arrangements now so that families are organised for the up coming season. Please refer to the College calendar for TAS fixture details. With greater numbers of parents attending ‘away’ fixtures the atmosphere and support for the students should boost team morale and performance.

**TAS Wet Weather Information**

As we often compete against schools that are not from our local area the weather can vary greatly. It may be raining in Caboolture but be dry at our competition venue so please always assume that TAS fixtures will take place.

The first point of call will be to check the College App – if sport is cancelled a message will be sent to all who have registered for the App. If you are unsure about the weather the TAS link on the College blog (accessed via the College website – www.stc.qld.edu.au) will also contain weather information as it becomes available or alternatively if you are **unable to access the blog OR APP** the TAS Sports Coordinator can be contacted on 0407 580 891 from 6.30am on a fixture day. It is difficult to make a decision before this time.

Ms Michelle Wust
Sports Co-ordinator
ntwus@stc.qld.edu.au
Mob: 0407 580 891
St Columban’s Learning Enhancement Centre

Introducing the Learning Enhancement Centre! Each week we will be sharing success strategies for students and families and introducing you to members of our Team.

**Veronica McMahon**
**Learning Enhancement Co-ordinator**
The Team at the Centre supports learning for all students by tracking results each Semester. We are a group of experienced professionals with diverse backgrounds and skills and we work respectfully and professionally with our students. Rest assured, our Team are very well equipped to work with your family through any issues that may arise. I invite you to contact me any time.

**Leanne Mathiou**
**Learning Enhancement Administration Officer**
Supporting the Learning Enhancement Team is very fulfilling work for me, seeing the students and families flourish as they are supported by our Team is a privilege. I am here to assist you in every way I can.

**Leila-Jean Flannery**
**Learning Enhancement Teacher**
Originally trained as a Business and Geography teacher, I enjoy working in the Learning Enhancement Office and I’m currently studying in the field of Inclusive Education so I can better meet the needs of our students and families.
Christian Brothers Cricket Carnival

In January, St Columbans College hosted five matches in the Australian and New Zealand Christian Brothers Cricket Carnival. The squad of boys consisted of Hayden Jeffrey (c), Joe Small, Troy Hammond, Dylan Lamb, Justin Thompson, Mitchell De Rossi, Jamu Grobbelaar, Liam Harmer, Jack Burbridge, Kelsey Webber, Alex Chapman, Will Clarke, Dan Cabrera, Lachlan Haffenden, Kasey Lucas, Pierson McCloy, Sam Hicks, Josh Connolly, and Caleb Foote. These boys entered into the spirit of the Carnival and each visiting school complimented us on our facilities and our hospitality.

Match Report 15 Jan: STC v Ignatius Park, Townsville
After some early showers, the weather cleared. Wade Schimke worked hard on the pitch and produced a great batting deck. Iggys won the toss and sent STC in to bat. Hayden Jeffrey 111(80), Justin Thompson 55(32), Troy Hammond 40(68) and Sam Hicks 30(14) ensured that STC posted a strong score of 286. Stubborn resistance from Iggys, however, ensured that the game went the full distance with the last wicket in their total of 141 falling in the 49th over.
Will Clarke, in his first game of cricket took a wicket and Justin Thompson took a great catch reminiscent of Jonty Rhodes or Derek Randall, “absolutely airborne”.

Match Report 16 Jan: STC v Pius X, Chatswood
Pius X won the toss and elected to bat. At one stage we had them 5 – 87 but they fought back to be 8 – 305 after 50 overs. Justin Thompson (3 – 40) and Dan Cabrera (3 – 66) shared the bowling honours. In reply, STC managed 148 with Justin Thompson top scoring with 58. Joe Small (19) and Jarnu Grobbelaar (15) did well to endure the battering of short-pitched deliveries. Congratulations to Pius X who went on undefeated to win the final.

Match Report 17 Jan: STC v Trinity, Perth
STC won the toss and elected to bat. Poor umpiring decisions cost our openers their wickets and also robbed Kasey Lucas of his opportunity. STC could only manage 81 with Hayden Jeffrey scoring 31 (38) and Sam Hicks 22 (7). Trinity reached 84 with the loss of only 3 wickets and the boys enjoyed an early finish in the very hot conditions. Special thanks to Wade Schimke for preparing the pitch after rain nearly prevented play.

Match Report 19 Jan: STC v Thomas of Canterbury
It was another hot day at the office. We batted first for 148. Dylan Lamb 58 from 100 balls, Casey Lucas 17 from 25 and Joe Small 12 from 16 helped sundries (39) get the runs. Jack Burbridge and Dylan Lamb featured in a 77 run partnership. We had Thomas College at 3 – 25 in the 10th over but they got away with it in the heat and gathered in our score. Liam Harmer took a great catch and Justin Thompson captained the side well.

Match Report 20 Jan: STC v Kavanagh, Dunedin
It was victory to the men in blue gold blue over the Kiwis in the 5th game. STC batted first and managed 112 all out. Justin Thompson top scored with 54 from 76 against tight bowling. In reply, Kavanagh, Dunedin was all out for 89 after 41 long overs. The heat took its toll on everyone but the boys bowled well. Dylan Lamb 2-20 off 7 overs, Justin Thompson 3-17 off 10, Hayden Jeffery 2-12 off 10, Dan Cabrera 2-28 off 10. This was a showcase of very tight bowling and great fielding. Sam Hicks and Pierson McCoy took great catches.

Thanks to all the parents who came and supported the boys and helped with the lunches, scoring and moving of furniture. Special thanks to Wade Schimke who even came in on Sunday morning to ensure the pitch was in great condition. Special thanks goes to Damien Thompson who scored for every match and did a great job.

Sean O’Kane
Cricket Coordinator
### Community Notices

**SPC Netball Sign on for 2014**

Caboolture Netball Association  Sat  01 Feb 2014  8.00am to 1.00pm
St Peter's School - Undercover area  Tues  04 Feb 2014  3.00pm to 4.30pm

For further details contact Kathy on
- **Mobile**  0402 024 331
- **Email**  spcnetballclub@hotmail.com
- **Website**  www.caboolturespc.netball.asn.au
- **Facebook**  SPC Netball Club

**SIGN ON NOW!** Official Sign On Sat/Sun 1st & 2nd Feb 2014. Players can sign on at the club til 31st March 2014.

Contact Us: Ph: 07 5498 6400 (Mon - Fri: 9.00am - 2.00pm)
Email: cabrugby@bigpond.net.au
Website: www.cabrugby.org.au
187 Petersen Road Morayfield

**Caboolture BMX Club** is holding a **COME AND TRY DAY** on the **9 February 9am-11am** at the BMX Track at Centenary Lakes Sport Complex.

BMX is a fast paced exciting sport. So get on your bike and head to the track. Participants require long pants and shirt, enclosed shoes, helmet and gloves if possible. The club has limited helmets and gloves available to use on the day. Come down and join in the fun. If you require more information please phone 07 5428 6233.

**Sign On is at Struddys Sports, Morayfield Road.** Dates are February 1st, 2nd, 8th and 9th 2014.

Get in on Sign on Days and receive $50 off your Registration Fee! (Discount does not apply to Seniors and Under 6 Age Groups).

For more information about our Club please visit our website at www.caboolturesportsfc.com.au or www.myfootballclub.com.au.
### Tuckshop Roster 2014

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<tr>
<th>Date</th>
<th>Tuckshop Roster</th>
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<tr>
<td>Mon 3 Feb</td>
<td>Jayne Shinnie, Cindy Green</td>
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<tr>
<td>Tue 4 Feb</td>
<td>Claudine Murphy, Robyn McHardie</td>
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<tr>
<td>Wed 5 Feb</td>
<td>Deidre Burton, Leonie Jensen</td>
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<tr>
<td>Thur 6 Feb</td>
<td>Michelle MaCaskill</td>
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<tr>
<td>Fri 7 Feb</td>
<td>Interhouse Swimming Carnival</td>
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If unable to attend tuckshop please let Tracey know at the earliest possible time. Phone 5433 7328 and leave a message any time of day or night.

Absentee Hot Line: 5433 7366 (24 hours a day)